

TIRE SIZE	12 GRAM		16 GRAM		20 GRAM		25 GRAM	
	PSI	BAR	PSI	BAR	PSI	BAR	PSI	BAR
Road	90	6.2	120	8.3	78*	5.4*		
Touring	62	4.3	88	6.0	106	7.3		
CX / Gravel	38	2.6	55	3.8	70	4.8	80	5.5
MTB 26	30	2.0	40	2.8	50	3.5	60	4.1
MTB 29	25	1.7	30	2.0	40	2.8	45	3.1
Fat 26 × 4.0			3	0.21	5	0.34	8	0.54

*20g CO₂ cartridge can fill two road tires to 78 PSI

CAUTION: Do not over-inflate. Refer to tire specification and always use a gauge to determine proper inflation. Inflation Guide is for reference only. Tire size, temperature, and other factors can affect final pressure reading.